Application Form

Certificate Course in Obesity and Weight Management 2023

Please complete in BLOCK letters

Title*: Prof □ Dr □ 1	Mr □ Ms □	Gender*:M□ F					
Name :		(E	English)		(Chines	se)	
Surname	Given	names					
Occupation*: Family do	octor 🗆 Physiciar erapist 🗆 Health C		Dietitian Medical Researd		Nurse Scientific Persor		Pharmacist □
Others:	•		Medical Researc		SCIETIIIIC FEISOI	шег 🗆	
Position :	D	epartment :		_ Institutior	n/Organization :		
Correspondence Address	s:						
Email:	Contact no.:			* Pl	* Please check the box(es)		
Whole Course	Early-bird Fee HK\$4,760 □	Standard Fee HK\$4,830 □					
For enrollment, please for cowm@cuhk.edu.hk. The University of Hong Kong" Programme Office, HKID The Chinese University of Ward 3M, 3/F, Day Treatr Prince of Wales Hospital,	e original copy should to the following add O Hong Kong ment Block	d be mailed with a cros ress:		to " The Chi i	nese		
Notes to Applicants To enjoy the early-bird the deadline. Application at standars Payment should be pa Acceptance of applica No refund will be made Applicants are expecte The Chinese University of Ordinance to ensure the	d fee will be accepted by cheque (payoration is subject to are once being accepted to attend the syrothong as a confidence of thong Kong as a confidence of the syrothest	ted one week prior to able to "The Chinese vailability. pted. mposium/workshop a data user undertakes	the commenceme University of Hong Ko the place and time to comply with the	ent of the cong"). e specified requiremen	course. I in the student tints of the Person	metable. Ial Data (P	Privacy)
Signature :			Date :				
FOR OFFICE USE ONLY							
Application no. :		Ched	cked by :			Date :	

Certificate Course in Obesity and Weight Management 2023



Early-bird Application Deadline: **15 December 2022**



Application and Enquiries

Enquiry Hotline: (852) 3505 3130 Fax: (852) 2947 8495 Email: cowm@cuhk.edu.hk www.hkido.cuhk.edu.hk

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Certificate Course in Obesity and Weight Management 2023



Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

14 JAN 2023 (SAT) Obesity - from epidemiology to pathophysiology

- Origin of obesity from brain to gut to ectopic sites
- Obesity as a chronic disease Greater China perspectives

28 JAN 2023 (SAT) Management of obesity - from theory to practice

- Weight management past, present and future
- · Role of exercise and behavior modification
- Exercise and lifestyle modifications

Interactive Workshops

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its co-morbidities

4 FEB 2023 (SAT) Managing obesity related co-morbidities

- · Clinical assessment of obesity
- · Gynecological complications of obesity
- Cardiovascular complications of obesity

11 FEB 2023 (SAT) Managing obesity - a multidisciplinary approach

- · Role of metabolic surgery in obesity management
- Psychobehavioral treatment of binge eating disorder in obese subjects
- Peri-operative management of patients undergoing metabolic surgery
- Popular diets for weight management are these sound diets?
- · Practical dietary strategies for weight management

25 FEB 2023 (SAT) MCQ examination and gut microbiome in obesity

- MCQ examination
- The role of gut microbiome in obesity

Course Director

Prof Juliana Chan

Director of Hong Kong Institute of Diabetes and Obesity and Chair Professor of Medicine and Therapeutics, CUHK

Course Co-Directors

Prof Alice Kong

Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Prof Andrea Luk

Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

Teaching Faculty

- Prof Juliana Chan
- Dr Elaine Cheuna
- Dr Erik Fung
- Prof Stanley Hui
- Prof Alice Kona
- Prof Andrea Luk
- Dr Joyce Mak
- Dr Mandy Sea
- Dr Eric Tse
- Dr Simon Wong



	Early-bird Fee	Standard Fee
Whole Course	HK\$4,760	HK\$4,830

Venue

Seminar Room 1, 2/F Lui Che Woo Clinical Sciences Building Prince of Wales Hospital Shatin, New Territories Can I get
CME
points?

CME Accreditation from the Following Professional Organizations

*Approved CME points of other professional organizations are updated on our programme website

Exemptions

Those who have completed the whole course are entitled to sit for a Multiple Choices Quiz scheduled for 25 February 2023 (Saturday). A Completion Certificate will be awarded to students who have passed the Multiple Choices Quiz.

Holders of the Completion Certificate of this course would be entitled to apply for exemption of Course MEDM5301 for the MSc in Endocrinology, Diabetes and Metabolism, within 3 years from the course completion date.